




HEAVY METAL DETOX



Part Five Heavy Metal Binders

Welcome to this course Warriors!

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BioToxin Binder

This is different from older clay or charcoal binders. Their binding ability comes from microporosity that provides surface area that is unheard of with old, spent carbon binders. Our BioActive Carbon molecules provide an additional ability to bind, chelate, and repair that spent carbons don't have.

What does this mean? Think of a spent carbon as a sponge that soaks up toxins specifically in the gut. One of its weaknesses is that, just as a sponge, it can pick up and absorb, but once it's "full" it drips and leaks, leaving behind toxins it can't carry anymore.

BioActive Carbons work differently. BioToxin Binder contains long-, medium-, and short-chain carbons which act in different ways depending on where they are in the system. That's the key: they get to different areas of the body, working systemically, and not just in the gut. BioToxin Binder contains polyelectrolytes, polysaccharides, amino acids, and organic acids, and supports cellular energy production. This ability to promote life sets it apart from older spent carbons and renders them obsolete.

Our formulation includes wild crafted yucca root along with extracts of fulvic acid. This formulation is designed to target specific biotoxins like mycotoxins from mold and ammonia, as well as bacteria, parasites, and other byproducts from yeast, fungi, and viruses.

This product goes through a three-step proprietary process in which other molecules are attached to enhance its overall efficacy and ability to support the body as it removes biotoxins.

HM-ET Binder

HM-ET Binder: Support for heavy metals and environmental toxins contains a special form of carbon that contains extracts of fulvic acid and extracts of humic acid. This BioActive Carbon can be taken with or without food and other supplements without incident.

As part of our comprehensive protocol lineup, HM-ET Binder is the proverbial "cleanup" batter. The name is simple: "HM" comes from "heavy metals" and "ET" comes from "environmental toxins." This product is designed to focus on chelating both heavy metals and environmental toxins from the system, while the BioActive Carbon molecules provide the biological building blocks to heal your system.

Is this really a problem? With the myriad of naturally occurring and man-made environmental toxins (i.e. lead, mercury, radon, formaldehyde, benzene, glyphosate, BPA, phthalates, and cadmium to name a few), everyone is at risk of exposure, and finding the right tools to combat these harmful substances is an important part of any effective treatment. Because of the kidneys' ability to reabsorb and accumulate toxic heavy metals, they are uniquely vulnerable to these elements. Removing heavy

metals from the kidneys helps stave off potential nephropathy.

Our HM-ET Binder uses extracts of fulvic and humic acids to help root out these toxins (it's effective in breaking down pesticides, too!) and assist the body in overall wellness, including pain relief, overall healing and immune system support, and promoting cellular balance as an organic electrolyte.

ViRadChem Binder

ViRadChem Binder promotes the body's natural ability to detoxify while supporting cellular repair.* Acai, artichoke leaf, broccoli leaf, and wheatgrass are added to lend increased support to the body's free radical scavenging systems. The addition of Carbon Technology also supports increased energy production, which is essential for helping the body carry out its routine detoxification functions.* ViRadChem Binder is an ideal second-step detox support supplement.* We recommend taking it after BioToxin Binder, and before Carboxy and HM-ET Binder.

Other Heavy Metal Support:

Digize EO - digize is incredibly powerful to help soak up metals and pesticides. One capsule a day for those needing liver support can completely turn liver enzymes around!



Blend containing: Tarragon, Ginger, Peppermint, Juniper, Fennel, Anise, Patchouli, Lemongrass

- Relieves digestive problems including indigestion, heartburn, gas, bloating, nausea, vomiting, constipation, diarrhea, and any other uncomfortable stomach issue you can think of.
- Helps fight Candida as it kills and digests parasite infestation.
- Massage a couple drops on the stomach, or apply it and then use it as a compress over the application site.
- As a acid reflux preventative, take one capsule of digize (5-15 drops-every person's need amount t will differ)prior to eating any meal
- Also good as a back up when you don't have your usual sinus/allergy supporting oils. Slather some over your sinus regions or vita flex points.
- Apply to Vita Flex points on feet and ankles for stomach and intestinal relief.

K&B tincture

K & B Tincture is an incredible supplement formulated to nutritionally support normal kidney and bladder health!! It is the perfect home remedy to support healthy urinary tract function. Juniper is one of the best plants to naturally cleanse and maintain proper fluid balance.

It contains extracts of...

+ Juniper berries -- enhance the body's efforts to maintain proper fluid balance as well as cleanse and support!

+ Parsley -- supports kidney and bladder function and aids overall urinary health

+ Uva ursi -- supports both urinary and digestive system health.

+ Dandelion root -- supports healthy kidney and urinary function

+ Royal jelly - rich in amino acids, minerals, Vitamins B6 and B5!

K & B is enhanced with amazing essential oils!

Juniper - may work as a detoxifier and cleanser, is beneficial to the skin, and supportive to the urinary system. It is a natural cleanser and detoxifier.

German Chamomile - made from German chamomile flowers is nourishing to skin. This oil contains chamazulene, a compound studied for its ability to support the body's natural response to irritation and injury. It clears the mind and creates patience and peace.

Fennel - benefits date back to the ancient Egyptians. It is stimulating to the circulatory, glandular, respiratory, and digestive systems. It also may support feelings of well-being during the menstrual cycle.

Geranium - helps you relax and support healthy skin! Used traditionally to support the circulatory and nervous systems, a great deal of its strength lies in its ability to revitalize body tissues.

Sage - may help to uplift and aid with mental fatigue. It has been recognized for its ability to strengthen the senses and vital centers of the body and to support metabolism. It is helpful for supporting the respiratory, reproductive, nervous, and other body systems.

Clove - promotes a healthy immune response, and may support overall wellness. An important ingredient in Young Living's Thieves blend, its principal constituent is eugenol.

Roman Chamomile - calming oil that resonates well with adults, children and animals! Soothing to all types of skin, it is used extensively in Europe in skin preparations. Roman chamomile is also beneficial when added to massage oil for relief of muscle discomfort after exercise

K&B is especially powerful when taken with Life 9 Probiotics. Nourish your gut, friends!

This tincture is also safe for animal usage and works particularly well for cats. Felines have a long history of kidney and bladder imbalance and we can support them with this tincture! 🐱

Learn more from Dr. Minke all about K&B here: <https://youtu.be/RN9NhZfQ-kc>

Your urinary tract will thank you immensely for having this K&B Tincture on hand in a time of need!

Longevity EO

Longevity caps:

Frankincense - pretty much a cure-all in the human body, both physically and emotionally. Anti-cancer, anti-inflammatory, anti-depressant. Sometimes I wonder whether there is a strong correlation between the molecules in frankincense and the primary receptor sites in the body... It heals so much.

Orange - 95% limonene which not only inhibits cancer - it also regresses many forms of C. Orange oil is also an antidepressant.

Clove - Prevents heart attacks and strokes by monitoring and modulating the flow of blood. If it's too thick, it thins it. If it's too thin, it thickens.

Thyme - great antiviral, antibacterial agent - keeps us healthy. AND..... drum roll here... it prevents angiogenesis which is where blood vessels grow to cancer sites and provide nourishment. (Starves tumors.)

One thing I've noticed over the years is that if I feel like I'm coming down with something, I double up on caps - 2 morning, 2 night, and I just never seem to catch anything.

Longevity is also natural Botox for how it helps the skin with its extremely high antioxidants

Do you take Longevity internally?

I do 12-15 drops and I make them up ahead of time and store in the freezer for ease

Quick tip real oils won't freeze. it just keeps them safe until you use them each day

Ningxia Red



This is all about helping the blood be clean and that is important whether you are in a heavy metal detox or not. Ningxia is the key to overall health and the foundation of any program. You may want to up this during a heavy metal detox (4-6oz a day)

Flood the body with nutrients:

Did you know that nearly every ailment ever known in the human body can be traced back to inflammation?

Did you also know that in clinical studies, Ningxia Red is proven to reduce inflammation? It can also help you get better sleep and at the same time have more energy and endurance when needed. How??

Supplements cannot make up for a poor diet but they can FILL the GAPS in our nutrition. It is important to flood our body with nutrients because we truly do not get everything we need from food!

So what is the story behind Ningxia Red? Gary Young was very curious and interested in understanding what people who lived a very long time were consuming. He noticed many of a very advanced age in the Ningxia province of China (which is known to be one of those “longevity pockets” of the world where people live the longest, a live a good quality life) and determined the Ningxia wolfberry to be a very important factor in their daily diet and nutrition. The wolfberry is similar to a goji berry but goji berries are from India and wolfberries are from China. Our Ningxia Red is made from the whole fruit in the form of Ningxia wolfberry puree. Other high antioxidant fruit juices are also added to ensure a broad range of properties.

We all hear how high in antioxidants blueberries are right? Well check this out - the ORAC value (a scale for reading the levels of antioxidants in food) for blueberries is 2400. The ORAC value for Ningxia Red is....36,000!

BECAUSE it is a “whole food” supplement, and because it contains essential oils, this supplement is much more bio available and better absorbed than nearly any other “vitamin” you could put in your body (so no peeing out all the goodies looking like you drank a highlighter).

Many have used large daily doses of this (average serving is 2oz) and the supplement Sulfurzyme to bring back original hair color (Bye-by gray hair).

This is a main staple in my family’s daily regimen. Most children do NOT get enough of what they need nutrition wise, now more than ever. Make sure your family has the right tools! There is so much information about this product that I could do an entire class just on it.

If you don’t have any of this, you NEED this in your life! ESPECIALLY to prepare for the upcoming seasons.

- 1 (2 oz) Serving of Ningxia Red Juice contains:
- 100g Whole Fresh Ningxia Wolfberries
- 230g blueberries
- 140g cherries
- 1 Cup of Aronia berries (highest antioxidant level of any berry)
- 125mg Grapefruit Seed Extract (GSE)
- 4 Pomegranates
- 2 Plums
- Orange, Lemon, Tangerine, Yuzu Essential Oils
- 100g Fresh Ningxia Wolfberry contains:
- 19 amino acids (5.8g protein)
- 22 trace minerals
- 5 unsaturated fatty acids, polysaccharides
- 7mg beta carotene (=180% Vitamin A)
- vitamins B1, B6
- 100% Vitamin B2 (Riboflavin)*

- 300% Vitamin C*
- 90% Vitamin E*
- 10% Calcium*
- 24% Potassium*
- 100% Iron*
- 91% Selenium*
- 18% Zinc*

Sulfurzyme powder

The anti-inflammatory properties of MSM are well documented by scientific research.

It's believed that MSM inhibits NF-kB, a protein complex involved in inflammatory responses in your body.

It also reduces the production of cytokines such as tumor necrosis factor alpha (TNF- α) and interleukin 6 (IL-6), which are signaling proteins linked to systemic inflammation.

Additionally, MSM can increase levels of glutathione, a potent antioxidant produced by your body.

For example, supplementing with MSM significantly reduced inflammation in mice with stomach ulcers by inhibiting the release of inflammatory cytokines including TNF- α and IL-6, as well as increasing glutathione levels.

Another study in 40 physically active men showed that taking 3 grams of MSM before exhaustive exercise decreased the release of inflammatory cytokines and prevented the over-stress of immune cells, compared to a placebo.

Lowers inflammation and helps to open detox pathways - both key to a heavy metal detox.